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THE PRESS

https://za.7eliteacademy.com/ 050 030 2942 capetown@7eliteacademy.com

Player Spotlight

It's not easy to miss Tikan Bomett - at 6'7" he stands out in most places! Tikan is a Kenyan goalkeeper who has been with us for the past year, studying Fitness Science and honing his skills for the next steps in his football journey.
In August, he'll travel to England for a week at 7 Elite UK and a week at Fleetwood Town FC Academy, before heading to the USA for college. We will really miss this gentle giant!

UPCOMING EVENTS

- **Kenpark Tournament**
  13-16 June
  A Cape Town youth football tournament showcasing talented under 23 local players

- **Talent ID Week**
  July school holidays
  Our first local Talent ID opportunity.

- **Garden Route Tour**
  10-19 July 2026
  We're all getting really excited about our upcoming U22 Garden Route tour! We'll be travelling to **Hermanus**, **George**, and **Plettenberg Bay** from 10–19 July during the final week of the school holidays.

ON THE FIELD

May was a great month on the field for us, with a squad who are really starting to gel and to understand the demands of our coach. We went on a 6 game winning league run, moving up into the top 8 in the league, and with more than half the season to go we have set a clear target of finishing in the top 4 - which would be quite an achievement for a team made up primarily of 16 to 18 year olds in a men's league!

A SPANIARD IN CAPE TOWN

"Moving to South Africa has been one of the most exciting challenges of my coaching journey so far. After five years in youth football in Badajoz, Spain, arriving in a different football culture has given me a fresh perspective professionally and personally. In these first three months, I've adapted to a new environment, met passionate people, and experienced the strong love for football across South Africa.

Working at 7 Elite Academy in Hout Bay has made this transition much easier. From the beginning, the players welcomed me with a great attitude, strong commitment, and an incredible work ethic on the training field every day. Their willingness to learn, compete, and improve has created an environment that motivates me constantly as a coach. Being away from home is never easy, but the connection I've built with the players and staff has helped me feel comfortable and focused from day one.

What makes this experience even more rewarding is that the hard work is already showing in the team's progress and performances. Step by step, we are building strong habits, improving together, and creating a clear identity on and off the pitch. Looking back, I'm proud I chose this project as the first step of my coaching career abroad. South Africa and 7 Elite Academy have already given me unforgettable experiences, and I'm excited to continue growing with everyone involved."

PRE-ACADEMY LAUNCHED

In May, we officially launched our Pre-Academy programme, designed for young players aged 5-13 who are passionate about developing their football skills in a fun, professional environment. Led by Coach Alberto, the programme also gives some of our older players the opportunity to gain valuable experience on their own coaching pathways by helping to run the sessions.

Training takes place in small groups, with a maximum of just 3 players per coach, allowing for plenty of individual attention and focused development. In only a few weeks, the improvement we've seen from the young boys, not only technically, but also in their confidence, understanding of the game, and love for football has been incredible. The energy and enthusiasm around the programme has been amazing to watch, and we're excited to continue growing it over the coming months.

SCOOBY DOO

Scooby Doo, our long term minibus loan from a friend of the academy, has acquired legendary status, with children (and some adults!) always enjoying the sight of our "team bus" driving around Cape Town.
Over time, it's become a bit of a local celebrity, regularly being spotted on social media and recognised by people all around the city. It was even featured in a Puma shoot that aired on TV — a true star in its own right!

With growth comes new demands, and as our programme continues to expand, we recently acquired a second vehicle to help get players and staff around town safely and efficiently. So, welcome to the family, our brand new (as yet unnamed) Kombi!

ELITE 7:

On the 26th of May, we took on Lion's Head in thick misty weather. We pushed through and reached the top in 40 minutes. There wasn't much of a view waiting, but after hiking Lion's Head so many times, we could probably sketch it from memory at this point.
This marked our 3rd completed challenge out of the 7 we've set for ourselves.

43%

THE ELITE 7

Lion's Head